

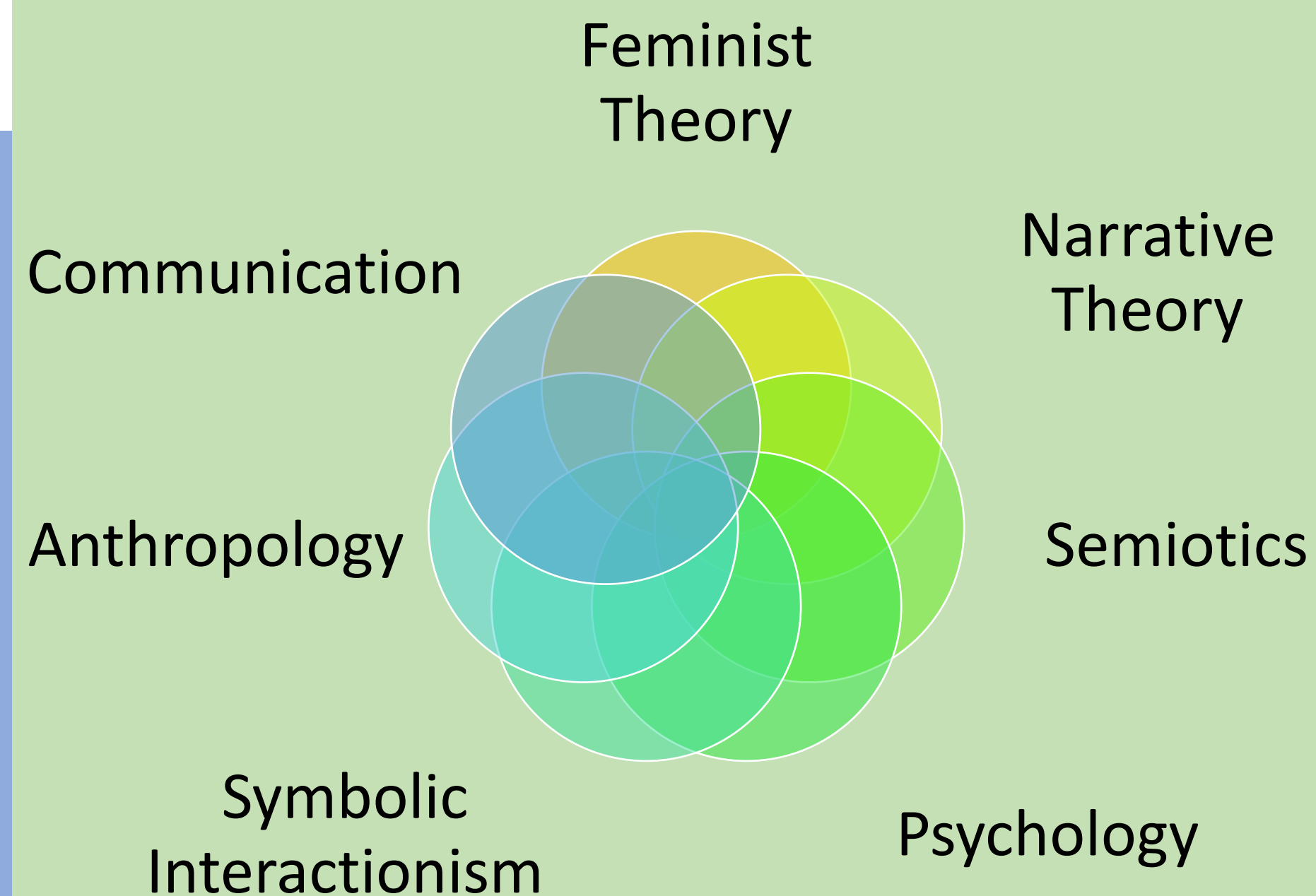


Working Title: **What might be a cultural narrative of ASPIRING TO AGE for female people**

The research goal is to introduce an alternative narrative into western culture's female aging constructs. The new narrative is conceptualized as aspiring-to-age.

A narrative that privileges female subjectivity, diminishes societal and self-objectification, removes judgement of appearance, and weakens the psychological grip of pre-determined, unattainable, and "power over" beauty and youthful appearance standards on female people before and as they age.

To explore the transdisciplinary complexity of the research...



Qualitative Research Design Emergent & Holistic

Participatory Action Research

- Clean Language Inquiry
- Arts-based Methods
- Interviews, focus groups , facilitated reflection

It celebrates female aging as wisdom, fueling an anticipation of aging as personal growth.

*A power within* construct of female aging as a desirable stage in the female life course.

