

## Consent Video Transcript

Person 1

Consent lets people communicate what's okay for them and what's not okay. We do it every day!

Person 2

It's important to ask first in everyday interactions.

Person 3

Such as giving someone a hug.

Person 2

Taking a photo of someone and posting it online

Person 1

Or, signing someone up for an activity

Person 4

You need consent for that!

Person 1

Many students are not sexually active. For those who do choose to have sex, and for any relationship, consent is key. Consent is about getting and giving permission for any sexual activity.

Person 3

Here are some things you need to know. Consent should be freely given and clear...

Person 3

A person can withdraw consent at any time and should feel ok and safe to do that.

Person 1

Repeatedly asking someone to change their answer isn't getting consent.

Person 2

It can be difficult to say no-especially when you know the other person or, if someone holds power over you. Consent is about setting and respecting boundaries. You have the right to say no.

Person 4

It's also important to remember that consent cannot be given by someone who is asleep, unconscious or incapacitated. And silence or the absence of no does not equal consent.

Person 1

Alcohol and drugs affect people in different ways and using them can impact sexual activity. It is your responsibility to ensure that the person you're seeking consent from is able to give clear and coherent consent. If you are uncertain, wait.

Person 4

We all have different bodies and abilities and can express consent in a range of ways. Notice what someone says, what their body language is telling you, and the expression on their face. Their body language has to match what they are saying or expressing. If you're unsure-ask!

Person 2

Don't make assumptions about what someone likes or what might make them feel good. Consent is key to a positive and fun sexual experience.

Person 3

Consent is about ongoing communication. The best way is to ask, take in the response, and REALLY listen to the answer.

So remember...always get consent. It looks different for everyone.